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September 17 - October 1, 2016

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How to enjoy the World Cup of Hockey with Rogers.



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Rogers NHL GameCentre LIVE™ World Cup Features

By Emily Sadler

A lot has changed since the last World Cup of Hockey in 2004. With the re-introduction of the best-on-best tournament comes a whole new way to watch it – anywhere you want.

Rogers **NHL GameCentre LIVE™** brings entire hockey seasons to subscribers' computer screens and mobile devices, and allows fans to tailor their viewing experience with a variety of features. Now, it's available during the World Cup too. Get on demand game replays and stop-and-start matchups to enjoy the games at your own pace, without missing a moment of action.

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Watch the Way You Want

One of the most intriguing camera angles offered is the Ref Cam, which lets viewers follow the speed and sounds of the game through the eyes and ears of the referee and gives them the best seat in the house for puck-drop. Hockey fans hoping to zero in on the tournament's top players can do so with the Star Cam. Rather than following the puck, the Star Cam focuses on one player throughout a game, allowing viewers to study a skater's every on-ice move, even when they're not in the middle of the play – including Auston Matthews' first strides on home ice at the Air Canada Centre.

The Endzone Cam gives viewers access to the unique perspectives throughout a game, while the Goal Line Cam takes the audience right into the blue-ice action to get a closer look at the best saves and closest calls of the tournament.



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1.5 billion missing from skies across North America 'quite alarming'
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Old report sheds new light on arena costs
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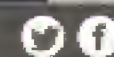
Edmonton metro

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'WHY DO YOU LIVE THERE?'

A comment from police sees one McCauley resident pushing back
metroNEWS

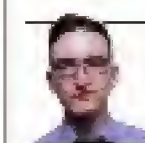


KEVIN TUONG/FOR METRO

Consultant to examine school LGBTQ policies

CATHOLIC SCHOOL BOARD

But policy is unlikely to change, says vice-chair



Kevin Maimann
Metro | Edmonton

The vice chair of the Edmonton Catholic School Board said a new, \$35,000 policy consultation will not likely change the board's contentious guidelines around LGBTQ students.

The board voted Tuesday to hire Alberta School Boards Association consultant Leroy Sloan to examine many of its policies — including an inclusive communities policy that has led to shouting and public spats between trustees at board meetings.

Sloan's hiring also follows a damning report in July from

Don Cummings, a consultant appointed to monitor the board by the government, after its meetings around the inclusive communities policy erupted into yelling.

Cummings, whose work over eight months cost taxpayers \$125,000, recommended a review of all policies.

But vice chair John Acheson said he doubts the policy at the centre of the storm will shift.

"My own sense is that (the inclusive communities policy) won't change, because we just spent a lot of time on it within the last year and we think that that one is pretty well up to date and covers pretty well what we want it to cover," he said.

The Canadian Taxpayers Federation's Alberta Director Paige MacPherson said \$125,000 was already a lot to spend on a consultation that did not solve the board's problems.

"Hopefully they'll have better foresight the next time," she said.

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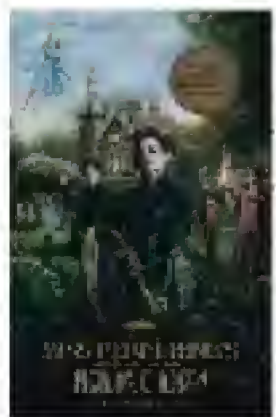

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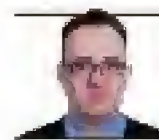
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Report sheds light on arena decisions

DEVELOPMENT

Professor questions why a site with added costs was chosen



Ryan Tumilty
Metro | Edmonton

A report kept away from public eyes for eight years and obtained by Metro suggests three alternative sites for a downtown arena were considered superior to where Rogers Place now stands.

And critics say that the city's decision to ignore this report's recommendations led them to spend more money — namely, for the construction of the \$56.8-million Wintergarden.

The report, drafted by sports architecture firm HOK, was submitted in 2008 to a city panel that former mayor Stephen Mandel tasked with examining the arena concept.

The panel used the HOK report and one still-unreleased assessment, along with a review of other cities' experiences building arenas, to make their recommendations on locations, of which six were being considered.

On those six, the HOK authors wrote that an arena north of 104 Avenue — as Rogers Place

now stands — would require some way to “psychologically and physically” bridge the busy, multi-lane road.

That way ultimately became the Wintergarden in a building HOK designed.

And Jay Scherer, an associate professor in the faculty of physical education at the University of Alberta, who's researching the arena deal, said he doesn't understand why the city picked a site with such added costs built in.

“You have just increased the cost of a public facility by ignoring an independent official report's recommendation,” he said.

The HOK report suggested a site north of Jasper on 106 Street as the best choice, along with two options in the Quarters.

Scherer said it's troubling that alternative locations for the arena were never part of public council debates.

“It needed to have a full debate and full awareness,” he said.

Difficult deal

Rick Daviss, the executive director of the arena project, said the city did consider other sites, but the others had buildings on them that would have required demolition.

He said assembling the land at the other locations was also a major concern, with up to a dozen different owners control-

ling land at the 106 Street site, for example.

Daviss also said Katz Group had already purchased most of the land where Rogers Place now sits, which the city was able to buy at the price the Katz group paid — \$25.5 million.

And while crossing 104 Avenue added costs that might not have existed at other locations, Daviss said it was essential to the building.

“That is really the signature element of this facility. It's the ‘Wow’ factor. It's the gathering place.”

Indeed, Daviss said at one point during negotiations the city considered cutting it from the design, but the Katz Group offered to fund more than 50 per cent of its construction costs to keep it as part of the design.

The city is paying \$25.1-million for the Wintergarden; the Katz Group is paying \$31.7-million.

Road less traveled

Mandel's panel released a report in 2008, called City Shaping, with a simple conclusion about where the arena should be located: “It has to be downtown,” it read.

But while the panel released its overall conclusions, it kept the HOK report on potential locations confidential, citing the “commercially competitive na-

ture” of the information.

The HOK report, made available on the city's website this week, described the 106 Street location as the “richest” for a new arena.

“It best leverages current development trends and is surrounded by an inventory of buildings compatible with a mixed-use district.”

The report also spoke positively about two potential sites in the Quarters, one near the Edmonton Police headquarters and the other on Jasper Avenue, between 97 and 96 streets.

The report cautioned that the development in the Quarters would have to come with a significant public investment to the area overall.

It also looked at the former post office where the Royal Alberta Museum now stands, the former Greyhound Station and Northlands as potential sites.

Questions raised

Coun. Mike Nickel, said he would like to know why better rated locations weren't more aggressively pursued.

“It begs the question of why was this site was chosen over the other ones,” he said.

Nickel also expressed frustration that the report had been held in secret for so long.

“You can't hold this in perpetuity if it is a public building.”

1 METRO | Canadian Online Publishing Awards

Metro has been nominated for two Canadian Online Publishing Awards (COPA) for its coverage of traffic fatalities in Toronto and of the Fort McMurray fire in Alberta. METRO

METRO ALBERTA

Metro Calgary and Metro Edmonton are nominated for Best News Coverage for their reporting of the Fort McMurray fire. When the city of more than 80,000 people had to be evacuated because a wildfire suddenly switched course, Metro provided readers across Alberta the latest information on the developing event. Darren Krause, Metro Calgary's managing editor, coordinated coverage, providing readers with a mix of news and must-know utility information as the fire started to burn down entire neighbourhoods. While most travelled south, Metro Edmonton's managing editor, Tim Querengesser, went north to provide coverage from the scene. Reporters Jeremy Simes, Alex Boyd and Liz Brown recorded the experiences of people fleeing the fire-ravaged city. They included the story of a man who watched his home burn down on his security camera, a 16-year-old girl who fled the city on horseback and a pilot who flew displaced animals to safety. Winners will be announced on Nov. 7 during a ceremony in Toronto.



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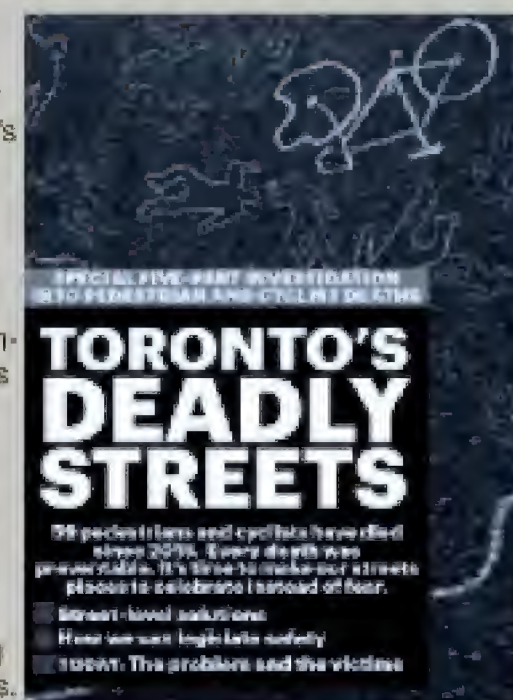
THE NEW FORT MCMURRAY
What's been lost, and spared, in an ocean of fire

METRO TORONTO

Metro Toronto received a nomination for Best Article or Series for the Toronto's Deadly Streets series.

Bridging investigative journalism and advocacy, managing editor Angela Mullins and reporter Luke Simcoe produced a series that went beyond the statistics to bring the human impact of road deaths to the fore. Their reporting successfully moved public and political opinion regarding traffic-related fatalities.

James Alvir, interactive producer, built an online tool that helped readers contact their local councillors and agitate for change. Hundreds of readers did just that, and the #TODeadlyStreets hashtag trended on Twitter in Toronto on each of the five days the series ran.



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CONS

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PHOTOS: KEVIN TUONG/FOR METRO

SOUTH QUARTERS SITE



PROS

- Close to Shaw Convention Centre and river valley

CONS

- Space for facility tight

NORTH QUARTERS SITE



PROS

- Offers a gateway to the Quarters and jump starts development

CONS

- Stymied to north and west by large government buildings

GREYHOUND SITE



PROS

- Linkage to existing downtown

CONS

- Not big enough for an arena plus amenities

BUSINESS

Regulator rethinks reporting sex of execs

Alberta's securities regulator — at the urging of the province — is revisiting a previously rejected plan to publicize the number of women who hold top jobs in publicly traded companies.

Stephanie McLean, Alberta's minister for the status of women, says she is not prejudging the outcome, but made it clear she does not wish to see the Alberta Securities Commission reject the plan a second time.

"I would not be thrilled if we didn't move in that direc-

tion because that is the way the world is going," McLean said Wednesday.

According to the province, nine out every 10 boardroom chairs in Alberta-based companies listed on the TSX are occupied by men.

"As hard as we work, the top has been out of reach for too many women," said McLean.

9%

Proportion of women on boards of directors of publicly traded companies in Alberta

McLean made the comments at a news conference at the legislature, with Stan Magidson, the head of the securities commission, participating by phone.

The two announced that the ASC has now put forward for discussion proposed rules requiring Alberta companies to disclose the number of women

in senior positions along with company game plans for recruiting more women. If not, those companies would have to explain why they are not recruiting women — and all that information would be available to shareholders.

Magidson said a similar rule change was rejected by the ASC in 2014 because it wasn't believed to be within the commission's mandate, but he says their viewpoint has changed.

THE CANADIAN PRESS

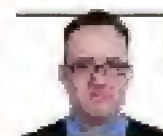


The city can't currently purchase its power needs from renewable sources like wind operations. THE CANADIAN PRESS FILE

How best to go green

ENERGY EFFICIENCY

Council weighs carbon offsets versus building retrofits



Ryan Tumilty
Metro | Edmonton

City councillors will debate next week whether to spend \$3.25 million buying carbon offsets or to invest the same amount of money to retrofit buildings.

There is not enough renewable energy currently available for Edmonton to buy to power its rec centres, street lights and municipal buildings, meaning it can't hit the carbon reduction targets set in its greenhouse-gas-emissions reduction plan.

While buying carbon offsets give the city proof that renewable power has been added to the grid somewhere else in Alberta, critics argue the money should be invested differently.

Coun. Mike Nickel put a motion forward at the urban planning committee Wednesday to invest what the city would have spent on offsets back into city operations, renovating buildings and improving energy efficiency.

"It is going to be some tough times ahead, and we want to hit those targets, but the best way would be to invest in our own infrastructure," he said.

Whether the city purchases the offset certificates or doesn't, it still won't hit its current greenhouse-gas-reduction targets, which call for a 42 per cent reduction by 2018 from 2008 levels.

Purchasing the certificates, however, would move the city closer to hitting that goal.

Coun. Ben Henderson said the city should be doing all it can to reduce greenhouse gas.

"For decades, we have used the excuse that now is not the right time or we can't afford it now," he said.

While they disagreed on the issue, the committee members agreed to put it before all of council next week.








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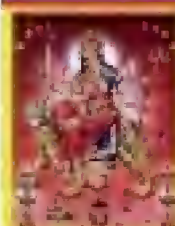
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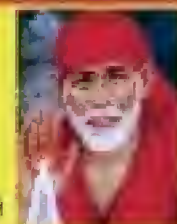
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Pushing back against McCauley rep

COMMUNITY

Police response to complaint shows attitude



Kevin Maimann
Metro | Edmonton

Stephanie Laskoski had just come home from work when she saw a teen boy with three friends

throwing jugs of water at her car in an attempt to break her windshield. But it's what happened next, with police, that upsets her the most.

Laskoski tracked down the troublemakers and found out the vandal was from outside her community. "I literally put him on a bus and sent him back to the west end and said, 'Don't come back here. I won't call the police right now, but you need to go,'" Laskoski said.

She then called the police complaint line to record the incident — and got what she felt was an inappropriate response from the officer. "He said to me, 'Can I just ask you a question? ... Why do you live there?'" Laskoski said.

"I was so offended." Her issue isn't just with police. She's had positive experiences with the EPS McCauley community liaison team, but with a pervasive attitude that residents should "expect" to be

victims of crime.

She acknowledges the neighbourhood has issues with drugs and prostitution, but loves living in an affordable community with nice neighbours, where she and her kids can walk to work and school. "McCauley, more so than ever, is really a jewel in the middle of the city," she said.

"Moving all the way to the outskirts of Edmonton to be able to afford a house is just not my idea of good living."



Stephanie Laskoski is pushing back against bad stereotypes of her inner-city neighbourhood. KEVIN TUONG/METRO

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INFRASTRUCTURE

High Level Bridge to get minor fixes



Ryan Tumilty
Metro | Edmonton

The city will keep looking for ways to improve safety for pedestrians and cyclists on the High Level Bridge but any permanent fix is far off.

Councillors reviewed a consultant's report Wednesday on the suicide barriers that have raised concerns for pedestrians and cyclists because they have narrowed pathways.

The report recommended considering making at least one of the sidewalks one-way to deal with congestion, but the city is rejecting that for now.

Chris Chan, executive director of the Edmonton Bicycle Commuters' Society, told council the group doesn't want a one-way path now that both sides of the bridge are open and there are fewer safety concerns.

"People self-moderate, people learn. Regular users of that bridge learn to expect congestion," he said.

Any potential change is many years out. Adam Laughlin, the city's general manager of Integrated Infrastructure Services, said the next major overhaul is the Groat Road Bridge in 2019.

The High Level would have to come after that, he said.



HOUSE BLAST TWO SENT TO HOSPITAL Police were called to an explosion at a home near 58 Street and 18 Avenue SW around 5:35 p.m. Tuesday, but have not determined whether it was criminal in nature. The cause of the blast is also unknown, and sent two men to hospital with serious but non-life-threatening injuries. KEVIN TUONG/FOR METRO



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1.5 billion fewer birds fly over North America

WILDLIFE

Study blames climate change, loss of habitats — and cats

North American skies have grown quieter over the last decades by the absent songs of 1.5 billion birds, says the latest summary of bird populations.

The survey by dozens of government, university and environmental agencies across North America has also listed 86 species of birds — including once-common and much-loved songbirds such as the evening grosbeak and Canada warbler — that are threatened by plummeting populations, habitat destruction and climate change.

"The information on urgency is quite alarming," said Partners In Flight co-author Judith Kennedy of Environment Canada. "We're really getting down to the dregs of some of these



A snowy owl in Montana. 86 species of birds are threatened by plummeting populations, habitat destruction and climate change, a report says. THE MISSOULIAN/THE ASSOCIATED PRESS

populations."

The report is the most complete survey of land bird numbers to date and attempts to assess the health of populations on a continental basis. It concludes that, while there are still a lot of birds in the sky,

there aren't anywhere near as many as there used to be.

Evening grosbeaks are down 92 per cent since 1970. Snowy owls have lost 64 per cent of their numbers.

Tally it all up and there should be another 1.5 billion

birds perching in backyards and flying around in forests than there are, says the report.

Nor are the declines stopping. Among those 86 species, 22 have already lost at least half of their population since 1970 and are projected to lose another 50 per cent of their numbers within the next 40 years.

For at least six species, this "half-life" window is fewer than 20 years.

The culprits are familiar.

Agriculture disturbs habitat of grassland birds and introduces pesticides into the landscape. Logging fragments the intact forests birds use as refueling stations as they migrate. Domestic cats are thought to kill more than two billion birds a year.

"It's the death of a thousand cuts," said Kennedy.

The report says birds are crucial indicators of overall ecosystem health. Healthy forests and prairies need healthy bird populations, said Kennedy.

THE CANADIAN PRESS

TECHNOLOGY

Canadian vibrator company sued

An American woman has launched a proposed class-action lawsuit against the Canadian-owned maker of a smartphone-enabled vibrator, alleging the company sells products that secretly collect and transmit "highly sensitive" information.

The Chicago-area woman, identified in a statement of claim only as N.P., has made her complaints against Standard Innovation (US) Corp., which is owned by the Ottawa-based Standard Innovation Corp. over a "high-end" vibrator called the We-Vibe.

The lawsuit, which was filed earlier this month in an Illinois court, explains that to fully operate the device, users download the We-Connect app on a smart-

phone, allowing them and their partners remote control over the Bluetooth-equipped vibrator's settings.

In particular, the app's "connect lover" feature — which promises a secure connection — allows partners to exchange text messages, conduct video chats and control a paired We-Vibe device, the woman's statement of claim said.

The woman at the centre of the suit bought her vibrator in

May for \$130

US, down-

loaded the

app that

connects

to it and

used it on several occasions.

THE CANADIAN PRESS



The We-Vibe 3 CONTRIBUTED

IN BRIEF

Current immigration process fine: Former PM

Former prime minister Brian Mulroney has waded into the debate over screening newcomers for "anti-

Canadian values," saying he sees no need to toughen the immigration process as one Conservative leadership contender is suggesting.

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Gadget makers confusing users

TECHNOLOGY

Samsung and Apple have both fumbled upgrades

What's worse, a phone that gets "bricked" by a software update or one that has a tendency to spontaneously combust?

Right now, those are your options from the world's top two smartphone manufacturers, and it points to a bigger problem: Many electronics manufacturers are delivering muddled products and even worse messages, making it difficult for consumers to upgrade. Consider:

1. On Tuesday, Apple released iOS 10, an update to its operating system that immediately started seizing up people's smartphones.

2. Samsung's latest phone, the Galaxy Note 7, is a potential fire hazard.



Apple's iOS10 software update launched with bugs that "bricked" older iPhones, prompting online outrage. AFP/GETTY IMAGES

3. The new iPhone 7 hits stores on Friday, and it's missing a key piece of technology — the headphone jack — that makes it less consumer friendly than the previous model.

The fumbles and anti-consumer moves make even the true early adopter stop and think about shelling out.

We just lived through an impressive decade of smart-

phone improvement and innovation. But now, upgrades tend to feature smaller changes and improvements as opposed to whole new products.

Apple's iOS 10 software update launched with a three-month-long beta to work out the kinks, but it still promptly bricked an unknown number of phones, prompting online outrage. TORSTAR NEWS SERVICE

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Millions of refugee kids have no schools

UNITED NATIONS REPORT

Only half have access to education

More than half of the 6 million refugee children under the mandate of the United Nations have no access to school just as the refugee school-age population is exploding by 600,000 a year, a new report says.

According to the United Nations High Commissioner for Refugees report, only 50

per cent of refugee children around the world have access to primary school education, compared with a global average of more than 90 per cent.

As these unschooled children grow older, the gap becomes even more startling: only 22 per cent of refugee teens go to high school compared to 84 per cent globally and just 1 per cent attend university, compared to 34 per cent around the world.

"By educating tomorrow's leaders, be they engineers, poets, doctors, scientists, philosophers or computer

programmers, we are giving refugees the intellectual tools to shape the future," says the 48-page report to be released in Geneva Thursday.

The report comes in advance of world leaders gathering next week at the UN General Assembly's Summit for Refugees and Migrants and U.S. President Barack Obama's Leaders' Summit on the Global Refugee Crisis.

The report will serve as the backdrop to the summits' discussions to set targets and secure aid funding to ensure every school-age refugee re-

ceives a quality education.

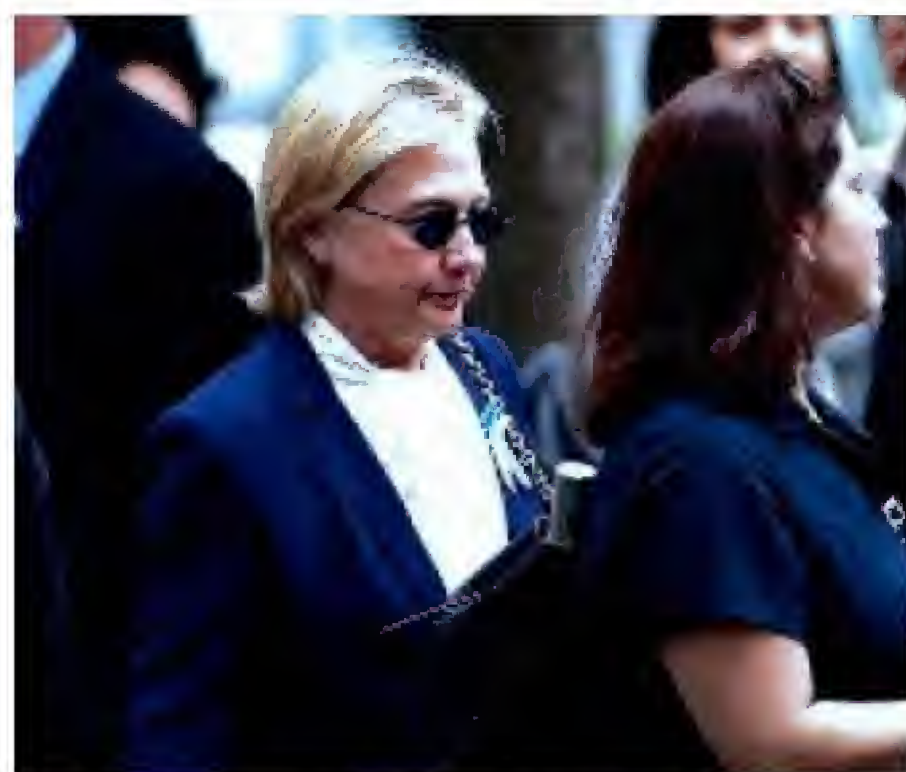
"This represents a crisis for millions of refugee children," Filippo Grandi, UN High Commissioner for Refugees, said in a statement. "Refugee education is sorely neglected, when it is one of the few opportunities we have to transform and build the next generation."

Grandi said the refugee school-age population grew by 30 per cent in 2014 alone, which means an average of at least 12,000 additional classrooms and 20,000 extra teachers are needed each year.

TORSTAR NEWS SERVICE



According to the United Nations High Commissioner for Refugees report, only 50 per cent of refugee children around the world have access to primary school education. CONTRIBUTED



Hillary Clinton arrives at the Sept. 11 Commemoration Ceremony in New York City on Sunday. GETTY IMAGES

U.S. ELECTION

Doctor declares Clinton 'fit to serve'

Hillary Clinton is "recovering well" from pneumonia and remains "fit to serve as President of the United States," her doctor said in a letter released Wednesday by her campaign.

The health details made public by the Democratic presidential nominee included a description of the pneumonia diagnosis Clinton received last week Friday. Her illness became public after she left Sunday's 9/11 memorial service early and was seen on video staggering while getting into a van.

The health episode fuelled long-simmering conservative conspiracy theories about Clinton's health and provided a fresh line of attack for rival Donald Trump.

Facing criticism about a lack of transparency when it comes to her health, Clinton's campaign promised to disclose more detailed information about her health this week.

The letter released Wednesday by the campaign stated that Clinton underwent a chest scan that revealed she had "mild, non-contagious bacterial pneumonia,"

according to Clinton's physician, Dr. Lisa Bardack, chair of internal medicine at CareMount Medical in Mount Kisco, New York.

The letter says the illness stemmed from a bout of seasonal allergies that developed into an upper respiratory tract infection.

Her symptoms began around the start of this month, and she saw Bardack on Sept. 2. Clinton was advised to rest, but her condition worsened and she developed a cough.

The letter also notes that in January, during the run-up to the Iowa caucuses, Clinton received treatment for a sinus and ear infection that included placing a drainage tube in her left ear. A CT scan of her brain and sinuses showed no abnormalities and mild chronic sinus inflammation.

"She is recovering well with antibiotics and rest," wrote Bardack, who also authored a letter about Clinton's health released in July 2015. "She continues to remain healthy and fit to serve as President of the United States." THE ASSOCIATED PRESS



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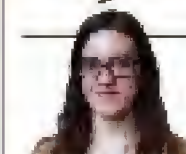
Large-scale animal sacrifices marking the Islamic festival of Eid al-Adha combined with heavy rains turned the streets of Bangladesh's capital into rivers of blood. Authorities designated several places in the city where residents could slaughter animals, but heavy downpours Tuesday meant few people could use those areas.

THE ASSOCIATED PRESS



TECHNOLOGY

Teenager creates a hijab emoji



Rebecca Williams
Metro | Toronto

A Muslim teen is asking Apple to create an emoji of a woman wearing a hijab to better represent "millions of women across the globe."

Apple announced a slew of new emojis aimed at being more diverse gender-wise, including women weightlifting, swimming and donning a construction hat.

But for 15-year-old Rayouf Alhamedhi, the lack of representation for Muslim women was a glaring omission.

The Saudi teen, who lives in Germany, has already written a proposal to push Apple for the new emoji with the help of tech insiders, including Reddit co-founder Alexis Ohanian.

"Roughly 500 million Muslim women on this earth pride themselves on wearing the hijab," reads the proposal addressed to Apple CEO Tim Cook and Unicode, the body in charge of approving changes to the emoji library.

"With this enormous number of people, not a single space on the keyboard is reserved for them."

"Might seem baffling, but when I wear the headscarf I actually feel liberated because I'm in control of what I want to cover," she wrote on Reddit.



Rayouf Alhamedhi wants Muslim women represented in emoji-form. CONTRIBUTED

CHANTAL HÉBERT ON AN EX-PM'S ILL-ADVISED ADVICE



For pipeline proponents, recent developments offer an opportunity to once again try to prod Trudeau himself into action. Mulroney, for one, should know better than to flog that particular horse.

Once in a blue moon, or maybe a bit more often than that, someone who should know better offers the prime minister of the day some strikingly flawed advice.

Such is the case of Brian Mulroney's recommendation that Justin Trudeau personally take charge of the controversial Energy East pipeline file.

In a speech in Calgary this week, the former Tory prime minister offered his successful negotiation of a watershed free-trade agreement with the United States in the late 1980s as the template Trudeau should borrow to advance TransCanada's pipeline plan.

"What we now need for an exceptional, cohesive effort to make the most of our resource base is a similarly clear commitment from the top, led by the prime minister, with a unique, high-quality organizational structure drawing expertise from across Canada, and a genuine partnership that will spearhead expansion of our resources, expedite infrastructure construction and bolster a broader diversification of our resources," the former Tory prime minister told his Alberta audience.

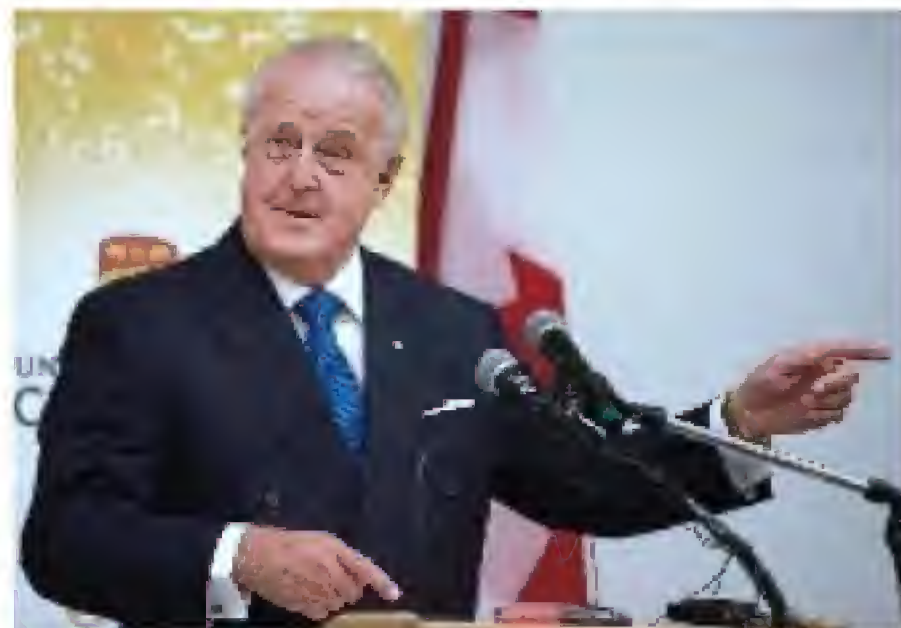
It should be said at the outset that this is advice offered in good faith. At a time when most were still sneering at the notion that Trudeau could become prime minister, Mulroney was talking up his

potential.

As opposed to other prominent Energy East backers — such as former Quebec premier Jean Charest who was at one point on contract as a consultant to TransCanada — Mulroney has no financial connection to the project. (He

parties such as Charest, whose interests were vested in the project.

The next panel will be made up of members hand-picked by the Trudeau government rather than legacy Conservative appointees. That should go some way to restore cred-



TAKE IT FROM HIM Former prime minister Brian Mulroney has said Justin Trudeau should take a lesson from the free-trade negotiations with the U.S. in the late '80s and assume leadership on the oilsands-pipeline file. LARRY MCDUGAL/THE CANADIAN PRESS

does toil in a law firm that, like its competition, is always on the lookout for more energy industry clients.)

Mulroney is not the first to call on Trudeau to jump in front of the pipeline parade and, given the travails of the National Energy Board in dealing with Energy East, he will not be the last.

On Friday the three-member NEB panel tasked with vetting the plan to link the oilsands to the Atlantic coast belatedly recused itself amidst enduring questions as to its independence.

In hindsight, that should have happened as soon as news surfaced earlier this summer of private meetings between panel members and

ability to the process. Further down the road, it would make a pro-Energy East NEB recommendation harder for Trudeau to dismiss.

But for pipeline proponents, the latest developments also offer an opportunity to once again try to prod Trudeau himself into action. Mulroney, for one, should know better than to flog that particular horse.

The current prime minister does have an enviable amount of political capital. But then, so did former Quebec premier Lucien Bouchard when he took on the role of chief lobbyist for the shale gas industry in Quebec a few years ago. Not only did Bouchard fail to advance the argument, he also left a lot of his credibility on the

battlefield.

And then, the dynamics of a top-down prime ministerial effort to rally support for a pipeline in the name of nation-building would be more akin to the ill-fated constitutional rounds that took place on Mulroney's watch than to the trade negotiations that led to the FTA and NAFTA.

If there is one former prime minister who should know the limits of the persuasive powers of a top-down policy consensus, it should be Mulroney. He and his government succeeded twice in securing unanimous provincial support for two successive constitutional accords.

Within a year of the negotiation of the Meech Lake accord in 1987, premiers of a different constitutional persuasion had replaced Mulroney's allies in New Brunswick and Manitoba. And no amount of establishment support from virtually every quarter of Canadian society could salvage the subsequent Charlottetown accord from the fury of voters.

Back when Mulroney and the premiers set out to proactively redress Quebec's constitutional grievances, the sovereignty movement was at low ebb. These days it is similarly at a loss for an issue with enough popular traction to restore its momentum.

Anyone who is close to the Quebec scene can testify that a show of federal force on Energy East could be the answer to the sovereigntist prayers for optimal conditions for a return to power of a majority Parti Québécois government and — perhaps in time — another shot at referendum.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.

Suspicion of immigrants is a Canadian value



Desmond Cole

Conservative MP and party leadership contender Kellie Leitch doesn't really want a conversation on Canadian values.

The callous Leitch, who has been insisting lately that we consider a values test for prospective immigrants, simply wants to boost her brand by playing to racist and xenophobic fears of some Conservative party supporters. Modern conservative groups keep questioning immigrants' values because they know their liberal political opponents, who are prone to the same prejudiced scapegoating, will struggle to condemn them.

Many have called Leitch's proposal impractical, since no one person or group can define Canadian values. That's a nice idea, but we know the values our politicians attempt to sell us are a reflection of our colonial, white, British heritage. There are such things as Canadian values, and they explain how our politicians have been peddling a fear of foreigners for the last 150 years.

Suspicion of all immigrants who are not white, or are not members of the former British Empire, is a Canadian value. Canada's founding prime minister, John A. Macdonald, argued that Chinese immigrants to Canada were unfit to vote because they exhibited "no British instincts or British feelings or aspirations." Macdonald didn't need to cloak the authority of the state in the language of wanting a "conversation" about immigrants; in his time, there was no conversation to be had.

Assurances that we no longer live in the 19th century

are beside the point. Every politician from Macdonald to Leitch has been able to bank on significant support by distinguishing between British or Canadian values and those of everyone else. Yes, even many newer immigrants echo these suspicions of outsiders' customs or beliefs. They may hail from countries that our government is wary of. The pressure on these newcomers to conform — to validate the wisdom of the system that chose them, to scrutinize those who come after them — must be overwhelming.

Leitch may not win her leadership contest, but the fact her naked appeal to prejudice can still spur "debate" in this country says it all. Polls suggest a majority of Canadians agree with Leitch's call to screen immigrants for good values. Few of us really care about the content of the questionnaire. What we care about is our very Canadian right to demand that immigrants be scrutinized against the comfort and well-being of those already established here.

Conservatives are more likely to support the traditional dominant values openly. It was Leitch who announced a 2015 Conservative campaign proposal to create a "barbaric cultural practices hotline." Prime Minister Justin Trudeau, who has cast himself as being far more progressive on immigration and cultural issues, had little to say about the Macdonaldist snitch line — Trudeau and his party had quietly voted in favour of a Conservative law called the "Zero Tolerance for Barbaric Cultural Practices Act" only four months before the election.

Desmond Cole is a journalist based in Toronto

If there is one former prime minister who should know the limits of a top-down policy consensus, it's Mulroney.

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The family that reads together

PUBLISHING

Young readers get their own editions of popular titles

Genna Buck
Metro Canada



B.C. author Tilar J. Mazzeo's latest book, *Irena's Children*, is the high-adventure tale of Irena Sendler, a "female Oskar Schindler." The Polish social worker rescued 2,500 mostly Jewish children during the Second World War by hiding them in coffins and smuggling them through Warsaw's sewers, with help from her network of resourceful teenagers.

But none of that was what Mazzeo's tweenage stepson was most interested in.

"His favourite was the part about Irena Sendler's dog," Mazzeo said. "It's interesting what kids pick up on — the idea that the dog helped, by barking to distract the Germans."

Irena's Children is coming out Sept. 27 in two distinct versions simultaneously, one for adults and one for young readers 10 and up. That's the one her stepson devoured.

Her work is part of a trend: Publishers are adapting adult titles — both backlisted books and new ones like Mazzeo's — for younger audiences.

It's a strategy to squeeze more revenue out of a single title, and to respond to the demand for good books, especially non-fiction, for middle-grade readers.

"That nine to 12 age is super hard," said Kelly Jensen, an editor at Book Riot and former children's librarian. "You have reluctant readers, and some kids who are super eager readers," whose teachers and parents might not want them browsing the YA shelves just yet, Jensen said.

Young readers' editions of well-known titles might be attractive to publishers because they're "safe picks," for school libraries and classrooms, Jensen added. "It's going to be a good story, you know what it's about, without the topics that would make a parent cringe."

But it has to be done right — and there's a fine line between making material age-appropriate and "dumbing down," she said.

"I look at the young reader editions that are 350 pages and think, 'A 10-year-old's not going to pick that up unless they're super into it. And if they're super into it, they might pick up the adult version,'" Jensen said.

Mazzeo, author of *Irena's Children*, was happy with how her young readers' edition turned out. She adapted it with help from Mary Cronk Farrell, who has extensive experience in YA.

"Part of it is to encourage families to read together," Mazzeo said. "The parents can read the grown-up version and children can read the young readers edi-



The gruesome Holocaust scenes in the adult edition of Tilar Mazzeo's *Irena's Children* (top left) were edited out of the adaptation for young readers (above). CONTRIBUTED

tion. And you can have conversations about important ethical, moral and historical subjects."

The scenes of violence against children were, naturally, left out of the kids' edition. It's not always clear, though, when adaptation tips over into censorship.

For example, Sendler's affair

with a married man is a key plot point in *Irena's Children*, but in the young-reader version the character is just her friend.

"I'm not totally sure, personally, we needed to edit that out," Mazzeo said. "But ... some people would not want their children reading about marital infidelity."



“Children can read the young readers’ edition, and you can have conversations about important ethical, moral and historical subjects.”

Tilar J. Mazzeo

"The bigger point was you would not want a child not reading a story about something really heroic that happened in the Second World War simply because of that issue."

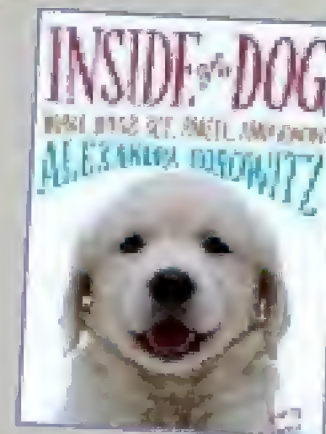
Cognitive scientist Alexandra Horowitz faced a similar challenge while adapting her 2009 bestseller *Inside of a Dog*.

She pushed to keep technical words like "unwelt" — a term for the internal world of a dog. New concepts are an important part of getting excited about a book, Horowitz said. "I've had good feedback so far: Children are torturing their parents with that word."

READ IT

Adult titles that have been adapted for kids

- *I am Malala: Young readers edition* Malala Yousafzai (2014)
- *Inside of a Dog: Young readers edition* Alexandra Horowitz (2016)
- *Far from the Tree, young young readers edition*, Andrew Solomon (forthcoming in 2017)
- *The Omnivore's Dilemma: Young Readers Edition* Michael Pollan (2009)



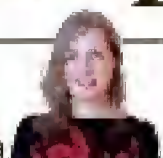
Big-name novelists getting in on the trend

- *Unbroken, Young readers edition* Laura Hillenbrand (forthcoming in 2017)
- *Da Vinci Code, the YA Adaptation* Dan Brown (2016)

NEW BOOK

Religion plays central role in Emma Donoghue's *The Wonder*

Sue Carter
For Metro Canada



During the summer of 1985, residents of a small Irish town claimed to have seen a statue of the Virgin Mary move.

The event spawned other sightings across the country of divine statues moving, breathing and even crying, drawing thousands of curiosity seekers and devout Catholics in prayer.

Emma Donoghue — author of the international bestselling novel *Room* — was just a teen-

ager at the time but she remembers finding the entire phenomenon embarrassing.

"It seemed to me to be a classic case of mass hysteria," she says. "I found it alarming that at a point when Ireland desperately needed to modernize, instead it was having this medieval flashback."

A dubious miracle also drives Donoghue's new novel, *The Wonder*, which was longlisted last week for the Scotiabank Giller Prize. Set in 1850s Ireland, a young devout Catholic girl named Anna O'Donnell hasn't eaten for months, believed to be

subsisting on manna from God.

As her notoriety increases, a village committee hires Lib, an English nurse who was trained by Florence Nightingale, to ensure Anna isn't sneaking in food and that she is indeed a miracle.

When Anna's health begins to rapidly deteriorate, with her teeth falling out and a downy hair covering her body, skeptical Lib finds herself up against those who would willingly let the child die in the name of religious fanaticism.

Donoghue was initially inspired by the stories of Fasting

Girls, which took place between the 16th and 20th centuries, where a group of women, young and old, survived without food for inexplicably long periods of time. "I've always been intrigued by cases of people who are very powerless yet end up becoming famous or lauded or put on show," she says.

While Donoghue often bases her historical fiction on true events, she decided not to focus *The Wonder* on any particular person. Some stories she found too sad, while others were obvious hoaxes so ridiculous she

would have ended up writing a comedy.

Although Anna's situation is certainly extreme, Donoghue has observed that ideals of contemporary femininity — of being "ladylike and dainty" — have not changed much over the centuries, which is perhaps why many of the 50 fasting cases on record were young women.

"It's the idea that femininity is defined through not showing your appetites for sex or food or power," she says. "Obviously there are very particular factors going on in the case of the one

I've written about. It's very much to do with Ireland and Catholicism, but there's also a more universal message to teenage girls to be good and be small."

While the church certainly doesn't get off easy in her novel, Donoghue's intention with *The Wonder* was not to directly attack Catholicism, but rather to point out the dangers of fundamentalism.

"Really, you could have set this novel in many extreme religious communities, with the emphasis on purity and goodness and rules," she says.

Curl up this fall with these books

SEPT. 19

Andre Alexis, *The Hidden Keys*

In 2015, Alexis won the Scotiabank Giller Prize for his novel *Fifteen Dogs*. This newest is the third in the series of five — a quincunx — where he turns standard story constructs on their head. In this one he was inspired by reading Robert Louis Stevenson's *Treasure Island*, so there is, indeed, a buried treasure of sorts and a cast of characters who go to great lengths to find it.



SEPT. 27

Marni Jackson, *Don't I Know You*

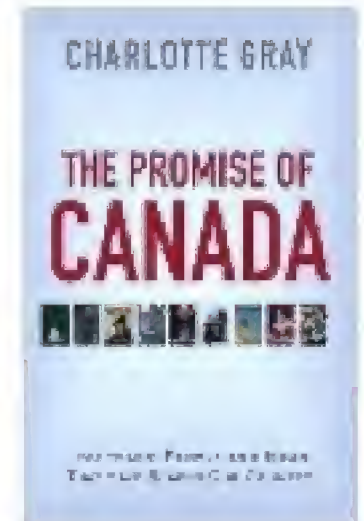
Marni Jackson is familiar to so many Canadian readers through her journalism; now she's written her first novel, a trip through generations of celebrities via one character, Rose McEwan, whose life from the age of 17 is peppered with cameos from Meryl Streep, Neil Young and Leonard Cohen.



OCT. 18

Charlotte Gray, *The Promise of Canada*

As Canada gets set for its 150th birthday next year, historian and biographer Charlotte Gray takes a look at the people who helped shape the country. Another worthy contribution to the celebrations is comedian Mike Meyers.



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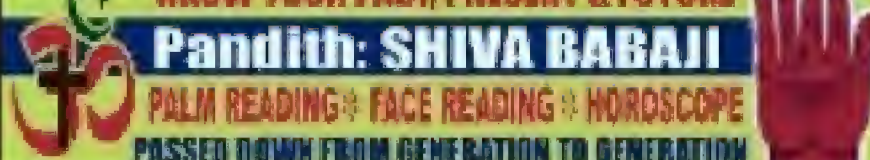
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Ryan Gosling on fame and all that jazz

LA LA LAND

Canadian actor reflects on his own success in L.A.

Steve Gow
For Metro Canada



Ryan Gosling should become an annual fixture at the Toronto International Film Festival. After all, he's premiered such hits as *Blue Valentine* and *Drive* here, and now that the London, Ont.-born actor is back, he's once again brought a certain buzz to the city.

"It's great to come home," said Gosling, gazing out the window of a top floor in the Ritz-Carlton hotel.

"I left Canada so I could make movies in Los Angeles so it feels good to bring those movies home."

This latest film must feel particularly pleasing for him to present to Canada.

After all, it's about his adopted home, Los Angeles — where he moved when he was merely 16 and since found monumental movie stardom.

An audacious musical about the romance between an aspiring jazz musician and an impassioned actress (Emma Stone), *La La Land* has been turning heads with its catchy musical numbers and big-screen charm.

But amongst the spectacle, Gosling should also be singled out for learning jazz piano prior to filming.

"I dove right in — I always



Ryan Gosling and Emma Stone are two artists trying to chase their dreams in L.A. CONTRIBUTED

I didn't have any real frame of reality (so) in my mind it was possible.

Ryan Gosling on arriving in L.A. when he was 16 years old, to pursue an acting career

wanted to play piano and what an opportunity to spend three months with a great tutor playing music that you like," said Gosling, who admits to having lost his chops since.

"Some of the pieces I could still play but jazz is very, very difficult."

The musical, which has been enchanting Toronto audiences

and finding itself on the top of many critics' Oscar-favourite lists, balances fantastic set pieces with themes of risk and rejection, elements every struggling actor in Hollywood knows well — except maybe the 35-year-old thespian.

"I didn't know any better," recalled Gosling of his early ambition in Tinseltown.

"I didn't have any real frame

of reality (so) in my mind it was possible.

"If I had gone later in life, I don't know if I would've gone."

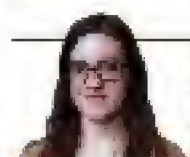
"But I certainly don't think I would've put myself out there in the way I did."

While the Oscar-nominee credits his conviction for success in showbiz, he admits it's not always been an easy ride. Even with the luck he's had, Gosling still feels every role is a risk.

"It's always a crap-shoot," said Gosling. "Although with this I have to say that it felt like if it was as fun to watch as it was to make, we would have something that worked."

TIFF MIDNIGHT MADNESS

Filmgoers pass out at screening of *Raw*



Rebecca Williams
Metro | Toronto

Even those who love gory movies have their limits, and it seems a tale of a "cannibalistic coming of age" is one movie some found hard to stomach.

Paramedics were called to the Ryerson Theatre early Tuesday morning after multiple audience members passed out during a midnight screening of the cannibal film *Raw*.

"An ambulance had to be called to the scene as the film became too much for a couple of patrons," film festival exec Ryan Werner told the Hollywood Reporter.



Raw, a 'cannibalistic coming of age' film, was so gory some audience members fainted, according to a TIFF exec. CONTRIBUTED

The French-Belgian film from director Julia Ducournau premiered at a Midnight Madness screening, known for featuring intense thrillers and graphic

horror movies.

It seems *Raw* fit the bill.

Of course, there are some questioning whether the fainting film festers were legitimate

or planted in the theatre by a very creative marketing team.

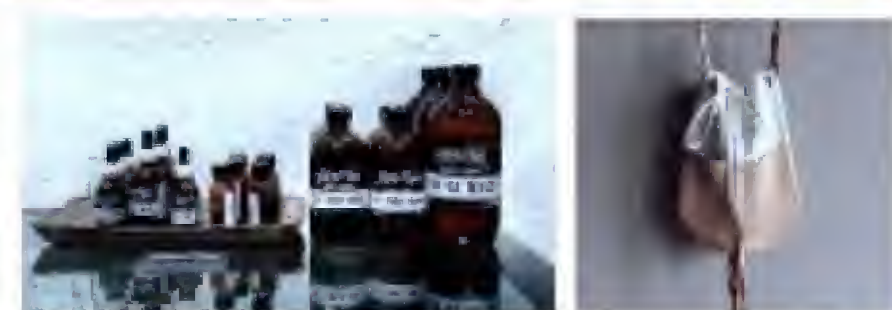
On Twitter, @AWolfeful wrote 'I hope some marketing genius paid these people to pass out...'

According to the film festival website, *Raw* tells the tale of a vegetarian veterinary student who "develops an insatiable lust for flesh as the result of a gruesome hazing ritual."

The film has been one of the more buzzed-about movies at the festival since it won a critics' prize at the Cannes Film Festival back in May.

Interested in catching the film?

Raw has one more screening at the TIFF Bell Lightbox on Saturday, Sept. 17.



Hideout Local Distro sells unique and stylish items made by local artisans, like Hand-Meyd products (left) and bags by Hoxen Leathers. COURTESY OF HIDEOUT LOCAL DISTRO

#YEG NEWS

The Kit Compact—Canada's fave beauty and style brand—checks out one of Edmonton's hottest style destinations

THE ADDRESS:

HIDEOUT LOCAL DISTRO, 10363 104TH ST. N.W.

We talk coffee, accessories and inspo with shop owner Tory Cullen.

What is Hideout Local Distro all about? "We feature goods made by independent Canadian artists, designers and musicians with a special focus on those from Edmonton. People come in to shop, but many hang out in a cozy armchair with a coffee and work on things while I bustle about and work on jewellery. The whole point of Hideout is to provide a supportive space and to give back to the artists who pour themselves into producing quality work. It's amazing how much cool stuff is being made right here, and I think it's really important to support our local community."

What can one expect to find?

"Everything from vinyl to vintage clothing and accessories, cocktail bitters and ceramics. The collection is always growing."

How would you describe the space?

"It's the grown-up version of what I imagined my secret clubhouse to be like—it has a very cozy vibe and all my favourite things are here, but it's also totally inclusive. My jewellery workshop wall is covered in postcards and images that inspire me and make me feel at home. It's also a big perk that our neighbours are Transcend Coffee (9869 62nd Ave. N.W.) and Weekly Trim True barber (10359 104th St. N.W.), and above us are multiple renowned restaurants."

What is the best part of owning a shop? "I like the freedom of making the big decisions. It's really easy to be excited about everything in my shop because it's all so good. It feels good to unveil artists to a wider demographic that might not have discovered them on their own." —Sandy Joe Karpetz



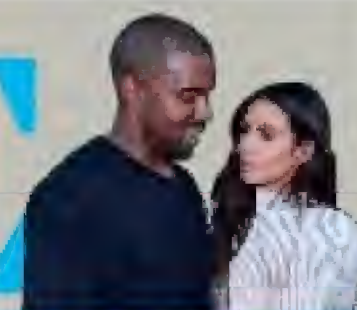
THE MUST-DO:
ART SHOW

Montreal artist Juan Ortiz-Apuy's exhibition *The Garden of Earthly Delights*—until October 8 at SNAP Gallery (10123 121st St.)—explores the fraught relationship between advertising and commodity fetishism with a sculptural installation and hand-cut collages.

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MEET THE CONDO

Convenient living and a sense of community

LINK CONDOS AT ELLERSLIE



CONTRIBUTED

Project overview

Private, yet with a mind toward community growth, LINK Condos at Ellerslie is at the centre of the growing south side. This unique, mature neighbourhood is surrounded by amenities, and offers the ability to work, live and play in one part of the city — no commute needed. The modern, eight-storey LINK condo gives south Edmonton residents the chance to have it all.

Housing amenities

The community focus of LINK Condos is evident from the spacious foyer and rooftop patio — lots of space to get to know fellow residents. There's plenty of incentives on offer too, such as underground parking and one year of free cable and Internet with condo purchase. The open-concept, bright units offer modern kitchens, in-suite laundry and a private balcony.

Location and transit

Convenience is key to the bustling Ellerslie area. LINK Condos sits just off the corner of 111 St. and Ellerslie Rd., near commuter-friendly Gateway Blvd. and Calgary Trail, with easy links into the city's downtown. For transit users, north and south bound buses stop just near LINK, with easy connections to South Edmonton Common or downtown work and school sites.

In the neighbourhood

LINK Condos sit in a sweet spot in the city south, with all level schools, medical centres, grocery stores, boutique shopping, and dining within a short drive or walking distance. There's a YMCA, Cineplex and numerous parks: Alexander Rutherford Park and MacEwan Park are just two of the greenspaces available for condo users to enjoy.

LUCY HAINES/FOR METRO

+ NEED TO KNOW

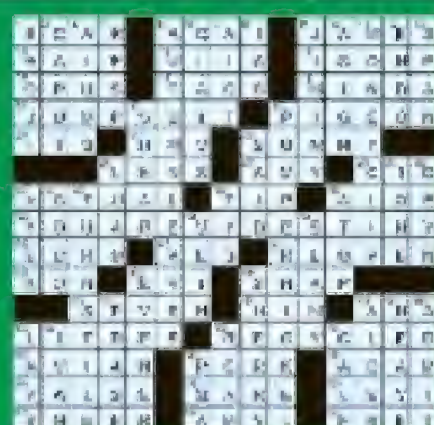
What: LINK Condos at Ellerslie
Builder/Developer: Regency Developments
Location: South Edmonton, near Anthony Henday
Building: Concrete and steel eight-storey building with 105 suites
Pricing: \$298,900 to \$600,000

Sizes: 773 square feet to 1,496 square feet
Model: Remaining units are two bed/two bath and two bed plus den/two bath
Status: Completion late 2016
Sales Centre: Main floor Pearl Tower, 11961 Jasper Ave.
Phone: 780-497-1700
Website: linkellerslie.ca

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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2	6	8	3	5	7	4	1	9
9	3	7	8	1	5	6	4	2
6	8	1	7	2	4	3	9	5
4	2	5	9	3	6	1	8	7
3	7	2	5	8	1	9	6	4
8	1	4	6	9	2	5	7	3
5	9	6	4	7	3	8	2	1



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A DIY home project to cheer for

CRAFTING

This pompom blanket is cute and practical

Pompom blankets are a classic find in the souks of Morocco. Celebrated for their handcrafted woven beauty, you'll also spot them in an endless stream of Instagram-worthy spaces.

Whether they're used as a traditional bedspread or as a cozy throw to curl up with on the sofa, it's easy to craft your own version using do-it-yourself pompoms and a purchased blanket.

Step 1: Gather supplies

We used super bulky yarn for this project. The advantage of this type of yarn is that it can result in a larger, fluffier pompom in less time.

It's also easier to separate the strands of yarn to fluff them out when it is thicker. Two skeins of bulky yarn make approximately 12 pompoms depending on size.

The pompoms are easy to attach to the blanket. If you're using a blanket with an open weave, you won't need the needle and thread. You'll easily be

able to tie the pompoms to the edge. If you are using a blanket with a tighter weave, like the blanket we used, you will need to sew the pompom to the blanket.

We used a vintage blanket found at a thrift shop but you can pick up a throw from most home décor retailers.

You'll need:

- Yarn — super bulky, two skeins
- Scissors
- Blanket or throw
- Cardboard
- Embroidery needle
- Embroidery thread

Step 2: Start wrapping!

We're sharing two ways to make a pompom. The first method uses a piece of cardboard. The second method uses your hand. Cut a piece of cardboard for wrapping the yarn. The wider the piece of cardboard, the larger the pompom will be. Wrap the yarn around the width of the cardboard until you achieve desired thickness.

SUPPLIES

We used a vintage blanket found at a thrift shop, however, you can pick up a throw from most home décor retailers.



Pompom blankets are great to curl up with on the couch — or take it to your freezing office.

DEBRA NORTON/FOR TORSTAR NEWS SERVICE

We wrapped the yarn around approximately 30 times. It all depends on thickness of yarn.

Step 3: Tie it up

Cut a piece of yarn long enough

to tie around the middle of the wrapped yarn (approximately six inches). Lay the yarn on a table and carefully slide the wound yarn off the cardboard onto the piece of yarn. Tie the

piece of yarn around the middle of the wound yarn, very tightly.

Step 4: Make the pompom

Hold the two pieces of loose string from tying the pompom.

Using sharp scissors, on one side of the pompom, start cutting through the loops of yarn. Repeat on the other side. Ensure all of the loops are cut. Do not cut the loose yarn strings or the yarn holding the pompom together.

Step 5: Fluff and trim

After cutting through all the loops of yarn begin separating the strands and fluffing the pompom. Trim away extra yarn to create a ball. Keep trimming and fluffing the pompom to achieve the desired shape.

Step 6: Attach the pompom

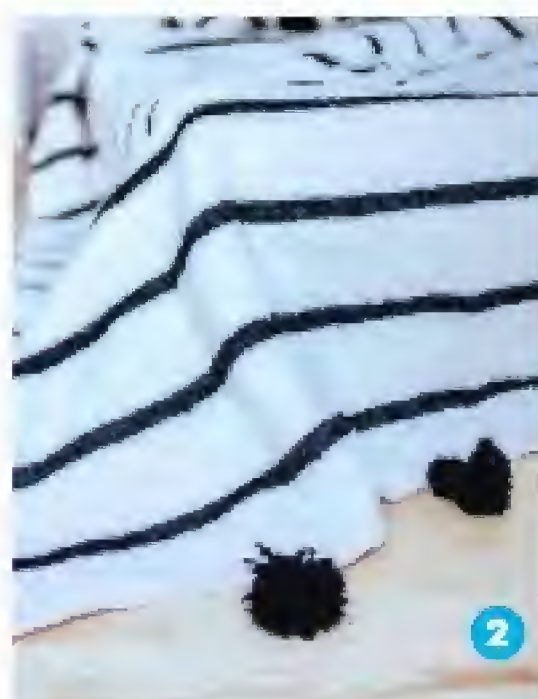
If you are using a blanket with a tight weave you will need to sew the pompom to the blanket.

To do this, thread an embroidery needle with embroidery thread. Knot the end of the thread. Thread the needle through the pompom, where it is tied, and sew the pompom to the blanket. If you are using a blanket with an open weave, simply tie the pompom to the blanket. Thread the uncut yarn pieces through an open weave at the edge of the blanket and tie.

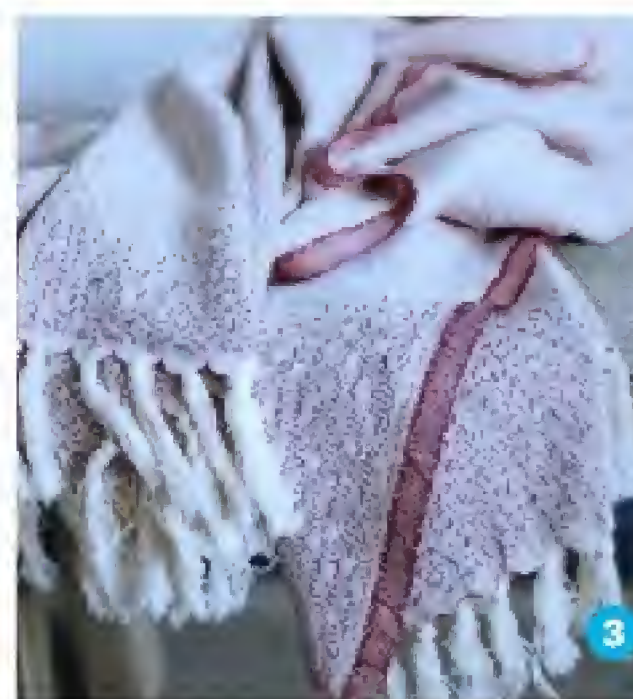
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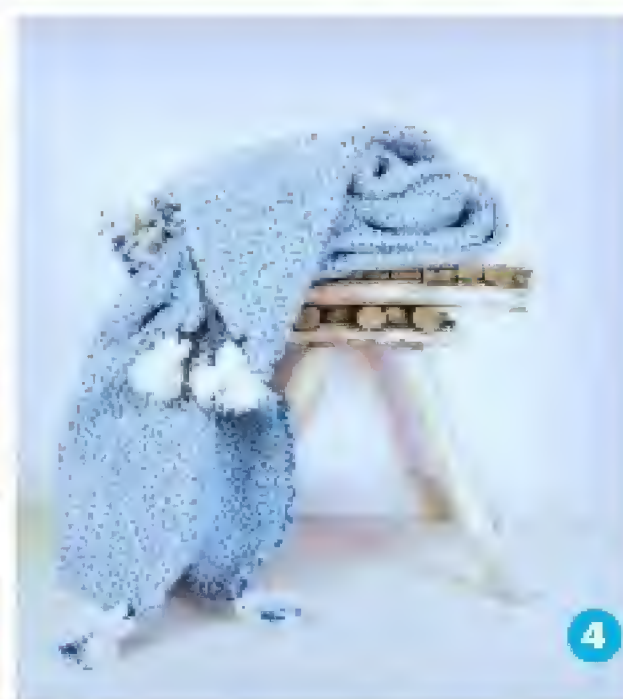
1



2



3



4

RETAIL

Not feeling crafty? Buy it

Not feeling the desire to pull out your scissors?

We've got you covered with

a selection of pompom blankets to give your space a playful edge while avoiding a trip to the craft store.

1 Baba Souk This Montreal based shop stocks some of the choicest handmade décor and

fashion from Moroccan souks (markets) and independent designers with a Boho spirit. Rustic Pompom Wool Blanket, Queen Size - Pink \$225/ free shipping Ready to ship.

2 Indigo & Lavender Handcrafted Moroccan pompom blanket available in a variety of sizes. Antibes, Pompom Blanket \$305 & up/ free shipping Ready to ship.

3 Tonic Living Beautiful hand-loomed Turkish blanket with tassels. Throw blanket, Milan Red \$120/free shipping Ready to ship.

4 Zine Interiors Handmade Moroccan Wool throw blankets from a Morocco based Etsy shop. Pompom Blanket \$276.12, \$45.10 shipping Ready to ship in three to five business days.

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Jason Menard

For first-time home buyers, information is key — but having the right information can make all the difference.

"A good number of first-time home buyers will look at the marketplace first then go to a broker," explained Paul Taylor, president and CEO of Mortgage Professionals Canada. "There may be a disconnect between what they want and what they can afford."

Instead, it may be more beneficial for new home buyers to determine what they can afford — and make a realistic plan based on existing debt and contingencies. Taylor said brokers can help in that process.

"Generally, people will make assumptions on the amount of debt that they're comfortable with and able to afford," he said. "A broker will walk you through your debt — student loans, credit card debt — and provide you with a realistic price range."

Jonathan Rotondo, senior media relations officer, Canada Mortgage and Housing Corporation, pointed to the 2015 First-Time Homebuyers Survey, which showed that first-time buyers are not as confident as repeat buyers, have a lower understanding of mortgage options, and were more likely to find the process challenging. They tend to turn to brokers and lenders for advice (more than 70 per cent) — and getting that help improves their success.



First-time home buyers improve their success if they turn to brokers and lenders for advice, according to a 2015 survey. iStock

There may be a disconnect between what first-time home buyers want and what they can afford

Paul Taylor, president and CEO of Mortgage Professionals Canada

process challenging. They tend to turn to brokers and lenders for advice (more than 70 per cent) — and getting that help improves their success.

"Overall, our survey indicated that most first-time buyers [78 per cent] are satisfied with their experience," Rotondo explained. "Advice from

mortgage professionals can be of great help to first-time buyers, and help increase their level of understanding of mortgage options and satisfaction with their mortgage professional.

"For example, providing advice on long-term mortgage strategies can increase their level of understanding of the mortgage options available by up to 83 per cent, and their level of satisfaction with their mortgage professional by up

to 85 per cent."

In addition to improving satisfaction, Taylor added that turning to professionals for your first time can help improve the bottom line.

"This will sound biased because of my position, but mortgage brokers really do save Canadians money," he said. "I don't expect everyone to believe me and I understand skepticism, but I encourage everyone to explore their options when it comes to mortgages."



+ TECHNOLOGY

Use apps and calculators to boost expert advice

With today's technology, the power to buy a home is literally in the palm of your hand. But mobile applications and calculators should be used to help support the process — not be the be all and end all.

Mortgage calculators and apps are a useful tool to help in the home buying and mortgage shopping process. However, they should be used in tandem with advice from financial and mortgage professionals," explained Jonathan Rotondo, senior media relations officer, Canada Mortgage and Housing Corporation. "Most banks and financial institutions offer calculators or apps."

"Given this decision-making process is personal and based on an individual's particular and unique situation, it really comes down to finding and using the tools that best fit your needs." JASON MENARD

HOUSING FINANCE

Tend mortgage options to encourage financial growth

Getting a mortgage can be stressful, which is why many tend to not want to continually revisit the process. However, there may be benefits to you if you look at mortgage maintenance as a vital part of your financial health.

"The majority of people probably do just set it and forget it," explained Paul Taylor, president and CEO of Mortgage Professionals Canada. "We recommend always looking at options."

There may be value in talking to a broker or lender to see if there are other options available. If you have a mortgage with a higher interest rate than the current rate, it

may be worthwhile to look at changing the terms of your mortgage — even if there are fees or penalties.

Some people also look at paying down mortgages earlier, but Taylor said that may or may not be the right choice.

"It's really about individual circumstances," he said, adding that there's a bit of a generational divide in that more mature mortgage holders tend to prioritize paying down their mortgage, whereas younger home owners tend to have a higher threshold for debt tolerance. Regardless, he said it's important to get the right information when making a decision.

"Is it better to pay more on your mortgage, or take those extra funds — if you have them — and invest elsewhere? That's very much up to the individual and their situation," he said. "It's important to get expert advice — whether that's from a financial advisor or a broker — to make a decision that's right for you."

Jonathan Rotondo, senior media relations officer, Canada Mortgage and Housing Corporation, said it's important to make informed housing finance decisions.

"Take the time to plan and review your mortgage options, terms and conditions and prepare yourself for managing

your mortgage," he said. "Consider a lesser mortgage amount than the maximum you can afford; evaluate the impact of an increasing interest rate on your monthly payment; plan to be mortgage free faster and create a 'cushion' in case of unforeseen financial difficulties; and seek help if you have difficulty making your mortgage payments."

This also extends to those looking at using home equity to pay down debt or reinvest into their homes. "A broker will work with you to walk through the options based upon your own life circumstances," Taylor added.

JASON MENARD



Reviewing your mortgage is good for financial health. iStock





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METRO SPACES

Home repair: 5 easy fixes

No matter what your level of expertise, there are plenty of small fix-ups you can do around your home with relative ease. It's always advisable to call in an expert for large-scale home repairs, but more minor projects are a great way to keep your home in top shape for your family and potential buyers should you ever decide to sell.

"Maintaining your home is by far the best way to preserve its value," advises Mark Wolle, broker-owner at Royal LePage Wolle Realty in Kitchener, Ontario. "And with an arsenal of timely small-scale repairs, home-owners can keep many larger scale fixes at bay."

There are hundreds of small ways you can keep your home in top shape. Invest in a good home-repair manual, or visit your local library for resource materials. Here, Wolle offers his top five easy 10-minute fix-ups:

1. Fill cracked drywall seams. Using a taping knife, smooth a piece of nylon drywall tape over the crack, working from the centre toward the edges. Cover the tape with a thin layer of joint compound and let dry. Apply a second coat, feathering at edges. Sand, prime, and repaint the area.

2. Silence squeaky floors. Scrape the joints between floorboards to remove dirt, then sprinkle a little baby powder between the squeaky ones. Bounce up and down on the area to work the powder into the joint.

3. Repair a sticky sliding glass door. Clean the tracks by moving the door to one side and then the other as you vacuum. Clean the tracks with denatured alcohol. Spray the upper track with silicone spray and rub paraffin wax along the lower one.



STOCK

4. Unclog a sink with non-toxic chemicals. To clear most clogs, pour a cup of baking soda into the drain and then add a pint of vinegar. Stand back and wait for an eruption. After about 15 minutes, pour several cups of boiling water down the drain.

5. Caulk a bathtub. Remove old caulk. Tape above and below the joint that needs caulking and fill tub with water to weigh it down and open the joint. Squeeze a thin bead of caulk along the open joint. Use your index finger to smooth out the caulk; remove tape and wipe away excess with a damp rag. NEWS CANADA

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CONTRIBUTED

Style matters in your home. The esthetic you surround yourself with has an undeniable influence on your life — how you work, eat, sleep and entertain guests.

When you're renovating your home, find a renovation expert who understands your needs and style, advises Baneet Singh, general manager and partner at flooring and home renovation supplies store Touchtone Canada.

"Our professional design experts can help you plan your renovation or new home design," says Singh. "You'll have someone on your side helping you work within your budget to create your dream home."

The store recently won a Metro Community Choice Award in the best services: flooring category.

When customers come into the 50,000-square-foot Touchtone showroom and warehouse, they can browse one of Canada's biggest flooring showrooms, with 50,000

square feet of flooring from all the major suppliers in Canada, with brands from around the world.

The company's 27 approachable staff are there to help guide you and answer questions.

Alongside style, budget should always be an important consideration. Touchtone buys directly from the manufacturers from all over the world, so the company is able to offer the best deals in the industry.

"We beat quotes from competition by at least five per cent," says Singh.

The showroom offers much more than just flooring. You can also choose from a wide range of high-quality wall coverings, drapes and blinds.

When you're ready for installation, Touchtone's professional installation team will deliver the materials and install them in your home.

To learn more, visit touchtonecanada.com.

A game-changer for downtown renters

Downtown Edmonton was once a location where Edmontonians would come during the day to work, only to leave at night. But over the past decade it has transformed into a diverse, bustling city centre.

"More renters are now realizing that downtown is a great place to live," says Matt Salucop, marketing manager for ProCura Real Estate Services, the developers behind The Mayfair on Jasper, a cutting-edge new rental community.

The Mayfair on Jasper is located at a pivotal point of the city's change: the intersection of 109th Street and Jasper Avenue across from WSP Place, another ProCura owned and operated building undergoing extensive redevelopment.

Along with the change in attitudes toward downtown comes a shift in awareness of environmental sustainability.

The Mayfair on Jasper was purposely built with innovative environmental technologies including rooftop solar panels and a

cogeneration energy system that repurposes waste-heat energy into electricity.

By living there, residents will be helping to reduce emissions and decrease their carbon footprint.

The 238-unit building's one- and two-bedroom homes provide a sleek, modern living space. Residents will enjoy new, high-end kitchen appliances, granite countertops, soft-close cabinetry, resilient laminate flooring and convenient in-suite laundry. Concierge services will also be an added convenience available to residents.

It's the place to live in Edmonton if you don't want a car. The Mayfair on Jasper will have its own car-sharing program, providing residents with convenient access to a premium vehicle whenever they need it.

Public transit is easily accessible too.

Residents can access the Corona LRT station less than one minute from their front door.

"We're located at one of the busiest corners



CONTRIBUTED

in the city with many workplaces, shopping, dining and entertainment options nearby," says Salucop. "So we're offering a lifestyle where you don't need to own and maintain a private vehicle."

Despite the Mayfair's downtown address, there are a lot of parks nearby with biking

and walking trails including Edmonton's River Valley just steps away.

The first 58 suites at The Mayfair will become available for move-in this October. The development has already been receiving reservations. Make yours at mayfaironjasper.ca.

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Team Canada forward Ryan Getzlaf scores past Team Russia goaltender Sergei Bobrovsky in overtime on Wednesday night.

GENE J. PUSKAR/THE ASSOCIATED PRESS

Canada bests Russia in final exhibition

WORLD CUP OF HOCKEY

Reigning Olympic champs go 2-1 in tune-ups

Sidney Crosby and Evgeni Malkin fought to a draw on their home ice.

Canada, however, remains a bit ahead of Russia. At least for now.

Ryan Getzlaf beat Sergei Bobrovsky on a breakaway at 3:29 of overtime to lead Team Canada to a 3-2 victory over Team Russia in a World Cup of Hockey exhibition Wednesday night.

Bobrovsky made 45 stops,

WEDNESDAY In Pittsburgh



some of them spectacular, but couldn't wrangle the puck when Getzlaf slipped it between his pads during the 3-on-3 extra session.

John Tavares and Patrice Bergeron scored for Canada. Crosby assisted on Bergeron's score while playing underneath the familiar banners at Consol Energy Center. Carey Price had 24 saves for Canada, which finished 2-1 in exhibitions before the eight-team tournament begins in Toronto this weekend.

"I think the whole thing with a short tournament event is to keep getting better, keep improving and keep building off each game," said Crosby, who had two assists in the three exhibitions. "I think we're able to do that. I think there's still another level but I'm sure that's the case for a lot of teams. We need to get to that level gradually."

Artemi Panarin had a goal and an assist for the Russians. Alexander Ovechkin also scored. Evgeni Malkin assisted on Ovechkin's goal to match longtime Pittsburgh teammate Crosby.

"We go up against each other a lot," Malkin said. "He's tough on the boards protecting puck every time. It's a hard

battle against him. I like how I play too."

The Canadians open the tournament Saturday against the Czech Republic. Russia, which went 1-1-1 in three tune-ups, begins on Sunday against Sweden.

"We didn't lose the game right away," Ovechkin said. "We battled and got the lead. The boys feel much better now and for the future."

Canada is a heavy favourite to continue its run atop international play, a surge that started with a triumph at the 2010 Olympics and continued two years ago in Sochi where they grabbed gold again while the host Russians missed the medal stand completely.

THE ASSOCIATED PRESS

MLB

Further into free fall Blue Jays go

Marco Estrada's words were confident and optimistic, but the soft tone of the Toronto right-hander's voice and glum look on his face told a different story as he tried to explain the Blue Jays' recent skid that continued Wednesday with a demoralizing 8-1 loss to the Tampa Bay Rays.

"Our team morale is still high, guys are picking everybody else up every inning," Estrada said following the loss that knocked Toronto down to third place in the American League East.

"It's just hard to explain this," Estrada said, his gaze often finding the floor as TV cameras flashed brightly on his face. "I guess when things are going bad they stay there for a bit. But the good thing is we can only go up from here. I know things are going to change. I know time is running out but things are going to change. We're too good for it not to."

The loss capped a 2-4 stint at

Rogers Centre that included a crucial series loss to the Boston Red Sox.

September has been a disaster for the Jays, who opened the month with four series losses for the first time this season. They have won just three of their last 12 games and are two games behind Boston for first place in the AL East after the Red Sox fell 1-0 to Baltimore Wednesday night. Toronto had held sole possession

of the division lead as recently as Sept. 5.

"I've got to believe we're rock bottom," manager John Gibbons said. "I don't see how

much lower it can go. So I'm optimistic that this will turn and turn in a hurry."

Also concerning for the Blue Jays is the recent absence of Josh Donaldson. The reigning AL MVP sat out Wednesday's game, his third straight, with a hip injury.

He had an MRI Wednesday and will travel with the team to L.A. THE CANADIAN PRESS

WEDNESDAY In Toronto



IN BRIEF

Floro out as coach of men's national soccer team

Canadian soccer has claimed another coaching victim.

The Canadian Soccer Association dumped Benito Floro on Wednesday, opting not to renew his contract in the wake of Canada's most recent failed World Cup qualifying campaign.

Floro inherited a team ranked 88th in the world and 10th in CONCACAF. Canada is currently No. 100 in the world and No. 11 in CONCACAF.

THE CANADIAN PRESS

Forbes puts \$4.2B price tag on Cowboys

Not only are the Dallas Cowboys the most valuable team in the NFL, they are worth more than any franchise in sports.

Forbes' NFL valuations show the Cowboys worth \$4.2 billion, easily topping the league for the 10th straight year. Next closest are the New England Patriots at \$3.4 billion.

The average NFL team is worth \$2.34 billion, a 19 per cent increase over last year.

THE ASSOCIATED PRESS

Surya Ji
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Brazil savouring Games

TICKET TRENDS

Lower ticket prices make Paralympics more accessible

Powerlifting star Majid Farzin walked to the platform to roaring applause. Then, complete silence as he attempted his lift.

Three white lights clicked on, signalling it was good, and the crowd erupted in cheers again, this time even louder. A sea of yellow and green rose to its feet, chanting and waving Brazilian flags.

But here's the thing: Farzin isn't Brazilian. He's Iranian.

Welcome to the 2016 Paralympics, where the residents of Rio de Janeiro have shown people from all across the world their Carioca spirit. Cariocas are the Rio natives, known for their warmth, friendliness and laid-back attitude.

Before the Games began a week ago, organizers from the International Paralympic Committee were just happy that — after a furious ticket-selling campaign and a price drop to as low



Wen Xiaoyan of China celebrates winning gold in the women's long jump T37 final on Wednesday in Rio. ATSUSHI TOMURA/GETTY IMAGES

as about \$3 per ticket — the Rio games seemed likely to surpass sales of 1.7 million, moving this Paralympics into second place behind London in terms of spectators (2.7 million).

But as of Wednesday, the IPC said sales were over the 2 million mark. The sports festival for people with disabilities ends Sunday.

"We have to generate energy (at the games), so therefore, we wanted to bring the public on

board and have them provide energy, because in both Games we started kind of with an obligation to sell more tickets," said Mario Andrada, spokesman for the local organizing committee.

It's not just that people are coming out to Olympic Park on the edge of Rio. It's who is attending — local Brazilian fans, many of them families and couples, enjoying a day out in a country where roughly a fifth of the population

is below the poverty line.

"I wasn't able to take my family to the Olympics because it was too expensive, but we grabbed the chance to see the Paralympics because the price of the tickets was so much lower," said a 42-year-old Rio resident who only gave his name as Marco. "I'm really glad to be part of this, especially being able to bring my whole family. It's a really unique moment and we'll probably never have this opportunity again." THE ASSOCIATED PRESS

TEAM CANADA

B.C. cyclist's win sets off golden day

Canadian cyclist Tristen Chernove is at his best when he's sailing along at 40 kilometres an hour under the soothing heat of the sun.

Life is about as close as it can be to perfect.

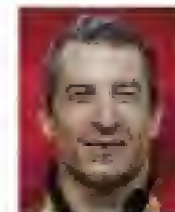
The 41-year-old from Powell River, B.C., roared to gold in the time trial on Wednesday, for his third medal of the Rio Paralympics, and one of five claimed by Canada's cycling team on the day.

And in the moments after the victory, Chernove talked about how para-cycling is helping him adapt to the ravages of Charcot-Marie-Tooth disease, and of that wonderful feeling of flying.

"It's totally freeing," Chernove said, with a wide grin. "Believe me, overcoming what some would consider limitations created by the disease is never on my mind. I'm just being an athlete. I'm just doing all I can."

Chernove raced to a time of 27 minutes 43.16 seconds to beat Ireland's Colin Lynch, who was second in the C2 category in 28:02.25.

The Canadian, who remarkably just joined the national team last year, also has a pair of medals from the track: a silver in



Tristen Chernove
GETTY IMAGES

the 3,000-metre individual pursuit, and bronze in the 1,000-metre time trial.

Chernove's win kicked off a spectacular day in the time trial for Canada. Ross Wilson of Sherwood Park, Alta., captured silver in the C1 category for his second medal in Rio, Charles Moreau of Victoriaville, Que., took bronze in the H3 class, Calgary's Michael Sametz took bronze in the men's C3 event, and Shelley Gautier of Niagara Falls, Ont., was third in the combined C1 and C2 race.

Chernove was a competitive paddler who took up cycling after being diagnosed with CMT, a degenerative disease that affects the peripheral nerves and causes the muscles to atrophy.

Cycling can't stop the degeneration of his lower legs and lower arms, Chernove said — it's the nature of the disease.

"I have to learn how to be OK with that," he said. "However, psychologically, to be fitter than I've been in my whole life feels wonderful." THE CANADIAN PRESS

IN BRIEF

ACC pulls championships out of North Carolina

The Atlantic Coast Conference has followed the NCAA's lead and is removing all its athletic championships from North Carolina over a state law limiting protections for LGBT people. THE ASSOCIATED PRESS

NHL to introduce concussion monitors

The NHL is revamping concussion monitoring for the upcoming season.

Deputy commissioner Bill Daly says the league will have four concussion spotters watching all games from a centralized location in either Toronto or New York, as well as spotters at each game to check for visible symptoms. Those spotters will have the authority to have players removed from games. THE ASSOCIATED PRESS

ESPN to show drone racing

Look! Up in the sky. It's a bird. It's a plane.

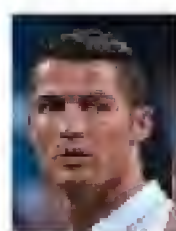
No, it's a drone?

In its latest foray into non-athletic sports, ESPN has reached an agreement to broadcast the Drone Racing League season. THE ASSOCIATED PRESS

CHAMPIONS LEAGUE

Sporting's chance not taken in Madrid

Cristiano Ronaldo and Alvaro Morata scored very late goals as Real Madrid came from behind to beat Sporting Lisbon 2-1 and avoid starting the defence of its Champions League title with a shock defeat on Wednesday.



Cristiano Ronaldo
GETTY IMAGES

Ronaldo equalized from an 89th minute free kick against his former club and Morata netted the winner deep in injury time to give the hosts a hard-fought victory in a match which Sporting had largely under control.

"I'm happy with the points. We suffered but never gave up," Real Madrid manager Zinedine Zidane said. "I don't know if the result was fair or not, but it's clear we believed. You have to play until the end. It wasn't a perfect match, you never see a perfect match, but the important thing was to win."

Madrid, trying to become the first team to win back-to-back Champions League titles since the tournament's new format went into effect in the 1992-93 season, avoided what would have been only its second loss in 31 Champions League matches

RESULTS

- **Man. City 4**, Borussia Mon. 0
- Bayer Lev. 2, CSKA Mos. 2
- Brugge 0, **Leicester 3**
- FC Porto 1, FC Cope. 1
- Juventus 0, Sevilla 0
- Legia Warsaw 0, Borussia Dortmund 6
- **Lyon 3**, Dinamo Zagreb 0
- **Real Madrid 2**, Sporting 1
- Tottenham 1, Monaco 2

at home. It has won 27 times and drawn three at the Santiago Bernabeu Stadium.

Sporting was just a few minutes away from its first win in 11 matches in Spain in UEFA competitions.

Boosted by a loud visiting crowd, Sporting played well from the start, defending with efficiency and creating dangerous chances up front with well-timed counterattacks and accurate passing.

Bruno Cesar put the Portuguese side ahead only three minutes into the second half after Sergio Ramos and Luka Modric failed to clear, allowing the Brazilian midfielder to fire a left-footed shot into the far corner. THE ASSOCIATED PRESS



JUSTIN EDMONDS/GETTY IMAGES

“Cam is in that superhuman mindset right now.... He will understand player safety far more critically 20 years from now.”

Cam Newton's father Cecil said his son is too young to fully comprehend the implications of multiple hits to the head.

NFL

Newton not concerned by hits

Panthers quarterback Cam Newton said he's not worried about the long-term effects of repeated hits to his head even if his father is.

The league's MVP took four helmet-to-helmet shots in Carolina's 21-20 loss to the Denver Broncos, although only one of the hits drew a flag and none resulted in any penalty yardage.

Despite the well-publicized effects of repeated concussions to NFL players, Newton said Wed-

BRONCOS BUSTED

Broncos linebacker Brandon Marshall was fined \$24,309 and safety Darian Stewart \$18,231 on Wednesday for hits on Cam Newton.

nesday his focus is solely on winning football games.

"That's it, winning," Newton said Wednesday when asked

about his long-term health. "I'm not here to worry about retirement plans. I'm not here to worry about pensions. I'm not here to worry about worker's (compensation). I'm here to win football games, simple and plain."

The All-Pro quarterback added, "this is a contact sport. This is a physical sport. I play the game for the right reasons. Whatever coach asks me to do I'm going to do it to win football games."

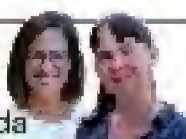
THE ASSOCIATED PRESS

RECIPE Fresh Tomato Spaghetti



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada



Scoop up all the local tomatoes you can find and make this quick and easy pasta dish.

Ready in 20 minutes

Prep time: 5 minutes
Cook time: 15 minutes
Serves 4

Ingredients

- 1/4 cup olive oil
- 2 cloves garlic, minced
- 500 g package of whole-wheat spaghetti
- 3 Tbsp red wine vinegar
- 2 cups fresh tomatoes, washed and chopped
- 1 head of arugula, washed and rough chopped
- Salt and pepper to taste

Directions

1. Put a big pot of well salted water on to boil.

2. In a sauté pan, bring the olive

oil to low-medium heat.

3. Add garlic and allow to cook but not brown — just a couple of minutes. Take the pan off the heat.

4. Cook pasta according to package instructions. Scoop out a cup of water before draining. The starchy water is a great way to loosen up a too-thick sauce, plus it adds a certain slickness to your pastas.

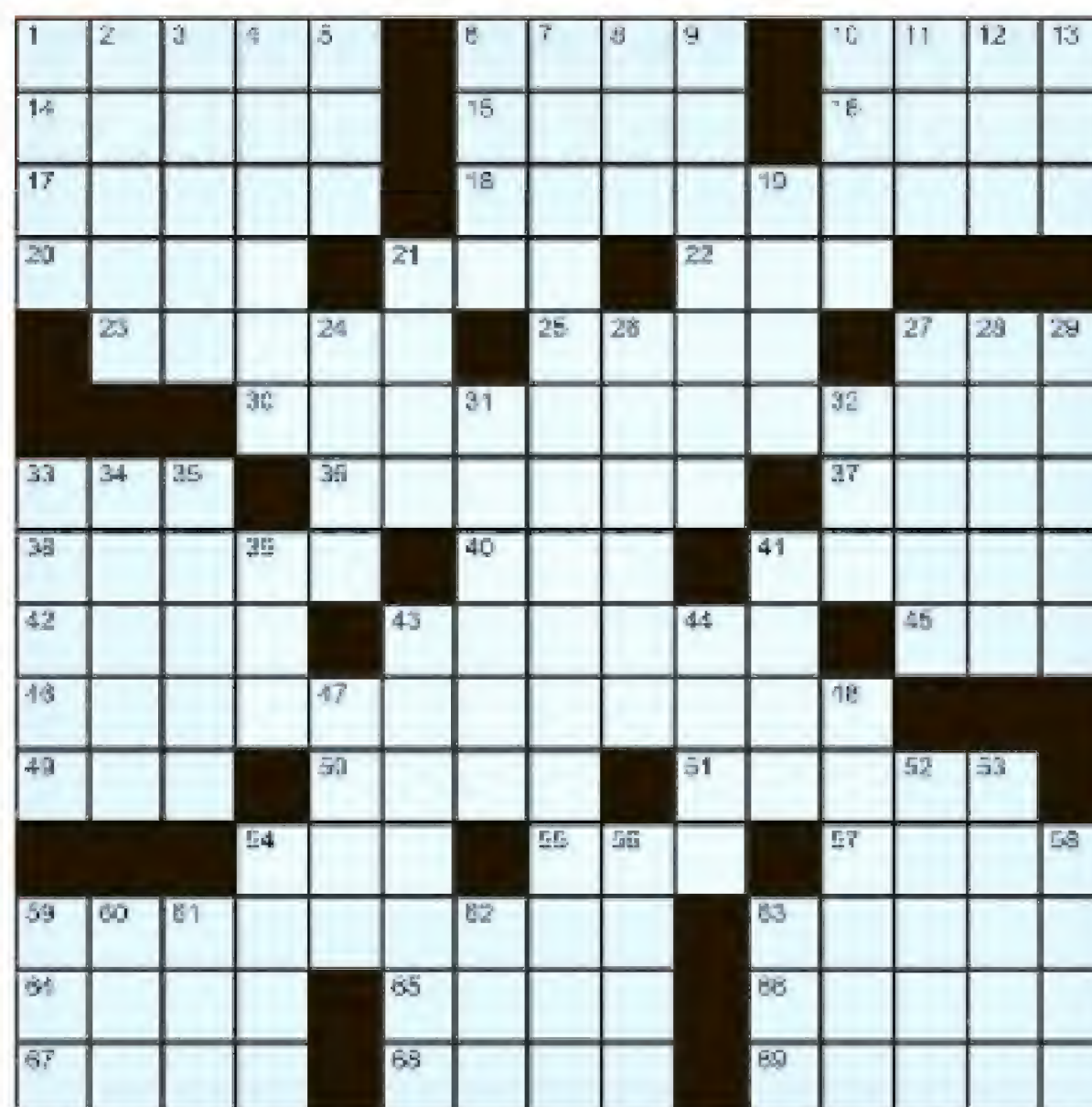
5. Drain noodles before tossing back in the pot. Add garlic-infused oil and vinegar and toss until all of the spaghetti is coated. Add tomatoes and toss again. Pour in cooking liquid, bit by bit, until your sauce is the desired consistency (you may not need much).

6. Throw in the arugula and give it another good mix so there are pieces of green throughout. Taste before adding a bit of salt and pepper.

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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

1. Late
6. Transfixed
10. "Dami"
14. Daisy type
15. Length measure
16. Irving Bacheller novel, _ Holden
17. Naomi Watts 2013 biopic
18. NHL goaltending great from Carman, Manitoba; 2 wds.
20. " _ the Explorer"
21. 'Cent' add-on (Man/ horse creature)
22. Theory of Relativity brainiac ...his initials-sharers
23. Gladiator's 3,600
25. Eight, in Latin
27. Corn-eater's cast off
30. 1970s TV drama starring the Melfort, Saskatchewan born actor at #7-Down, " _ _ Counselor at Law"
33. "The X Files" actor ...his initials-sharers
36. Steal
37. Scandinavian story
38. Major upsets
40. 'Block' suffix
41. Faded jean areas
42. Take apart
43. Excoriate
45. AC/DC song
46. Vintage records purchaser's interest; 2 wds.
49. Swine spot
50. Mouth off
51. Clark _ (Jennifer Grey's actor hubby)
54. Cleveland NBA-er
55. Treasure Island author's monogram
57. Dismounted

59. Quebec City attraction, Le Chateau _
63. "Well done!"
64. Archaeological discovery
65. Actress Tara
66. Astronaut Neil Armstrong's middle name
67. Daughter, e.g., on

- a family tree
68. Lacking
69. Funny Canadian Mike

DOWN

1. "Hello It's Me" by _ Rundgren
2. Self-evident truth
3. Fortify once more
4. Bundle of energy
5. Posh positive
6. Andre _ (Dutch violinist/conductor)
7. Sci-Fi thriller of 1971

- starring Canadian actor Arthur Hill based on Michael Crichton's 1969 breakout novel, with The; 2 wds.
8. Banned pollutant, commonly
9. Stage star's site
10. Li'l word meanings
11. Blood-typing letters

12. Modern, in Germany
13. "Welcome to the Jungle" rock gr.
19. Zodiac's roarers
21. Banda _ (City in Sumatra in Indonesia)
24. ABC's ballroom show
26. Legendary talk show host Dick
27. Military trainee
28. Of the distant past
29. Explosion emanation!
31. B-vitamin family member
32. She-chicken
33. Plays like Neil Peart
34. Tim Hortons snack
35. Dishwater
39. You: French
41. Simple Minds singer Jim
43. Remington electric grooming products
44. Harleys, to bikers
47. 'Pluto' suffix
48. Medical checkup frequency
52. Open space in a wooded area
53. Bestower
54. "Squawk Box" network
56. Flat-screen TVs, e.g.
58. Weight units, US-style
59. Flower delivery co.
60. Kind of deer
61. Mantric syllables
62. PBS funding org.
63. Slamming noise!

***IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20
You might be doing a slow boil about something because silly errors at work make you impatient. Nevertheless, by sounding off, you will gain nothing, and you might make things worse!

Taurus April 21 - May 21
A discussion about shared property will meet with resistance from someone else today. This is a poor day to ask for a loan or mortgage or for a favour from someone.

Gemini May 22 - June 21
Relations with parents, bosses and authority figures will be challenging at some point today. That's why life might feel hard. "Nobody loves me." (Relax. This is a fleeting thing.)

Cancer June 22 - July 23
Teachers and anyone involved in medicine and the law might be difficult to deal with today. In fact, avoid subjects like politics, religion and racial issues, because they will be too difficult to discuss.

Leo July 24 - Aug. 23
If you are talking about loans, mortgages and shared property today, you will meet with obstacles. Someone in authority will not approve. Choose another day!

Virgo Aug. 24 - Sept. 23
Your relations with close friends and partners are difficult today, because there seems to be a lack of emotional flexibility. Someone might even be depressed. Don't take this personally.

Libra Sept. 24 - Oct. 23
This is not the day to ask your boss or a co-worker for help. Their response will be, "Talk to the hand." (Oops.)

Scorpio Oct. 24 - Nov. 22
Children might be an increased responsibility today. Just accept this because, hey, it goes with the territory. Don't try to change rules in sports today.

Sagittarius Nov. 23 - Dec. 21
This is not the day to ask a parent or someone in a position of authority in the family for help. They will not be receptive. Just bide your time and wait for another day.

Capricorn Dec. 22 - Jan. 20
Everyone is a bit negative today. It's not just you. Don't take it personally and do not react.

Aquarius Jan. 21 - Feb. 19
This is a poor day for financial decisions because someone will block what you want to do. Choose another day. Timing is everything.

Pisces Feb. 20 - March 20
Today the Moon is opposite your sign and at odds with stern Saturn. That's why it is difficult to get along with others. (It's not just you.)

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

						2	7	
	6		8	3	4			
9		6			7			
6	7	8	1	5	2	3		
	8			9		1		
	3	4	7		8			
5	1							

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Jason M
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